



LOTUS SPA EAU CLAIRE

4956 Bullis Farm Road
Eau Claire, WI 54701



Post Treatment Instructions

The Moxi laser is a fractionated laser that uses a diode to deliver a 1927 nm sub ablative laser to create controlled zones of coagulation to chosen depths into the dermis. This stimulates neocollagenesis which addresses tone and texture of the skin.

The treatment is tailored to your skin concerns, the health of your skin and your individual healing ability. Patient response can vary after treatment and includes erythema (redness) and edema (swelling) which is a desired response. The degree of redness and length of healing will increase with the depth of the procedure.

Post Treatment

- Redness is normal and expected. This can last up to 7 days depending on the aggressiveness of the treatment.
- Pinpoint bleeding may occur and may last up to 12 hours.
- Immediately after treatment, swelling is common and normal. Use of a cold compress or ice packs help. Avene Thermal water may be used as well. Sleep in an elevated position for the first night or two. The morning after treatment, swelling is more prevalent especially around the eyes. Swelling may persist 2-4 days.
- You may feel very warm for the first 24 hours.
- Two to three days after treatment, you will notice tiny dark spots and a bronzed appearance to the skin. Your skin will be very dry and have a sandpaper texture and may flake and peel as fresh new skin is regenerated. The face can take 5-7 days and the body up to 2 weeks for this process to be complete.
- After peeling/sloughing is complete, your skin will have a rosy glow that will gradually resolve.
- Any discomfort can be alleviated with over-the-counter medications such as Tylenol or Ibuprofen.
- Itching is a normal part of the healing process. Benadryl may help, but can cause drowsiness. Do NOT pick or scratch the treated area.
- 2 hours after Moxi, you may apply moisturizer. Do not cleanse your skin the night of the procedure.
- You may apply make-up 24 hours after Moxi, but please ensure that make-up brushes are clean or new.

Morning Skin Care (Day after procedure through Day 7)

1. Cleanse with cleanser
2. Apply Cicalfate
3. Apply sunscreen

Evening Skin Care (repeat steps 1-2 above)

When cleansing the skin, use hands to apply cleanser and water and pat dry with soft cloth. Do NOT rub, scrub, or exfoliate or use a Clarisonic. Doing so could cause hyperpigmentation or scarring.

Cicalfate should be applied generously over treated area and reapplied whenever skin feels dry.

Sunscreen is a MUST and should be used daily beginning the day of treatment. Reapply sunscreen every 2 hours. If direct sun exposure is necessary, wear a hat and protective clothing.

Avoid strenuous exercise and sweating for the first 3 days after Moxi.

Avoid getting shampoo on the treated area. Avoid full shower stream to the treated areas.

If you have any of the following, call the office (715) 835-1100 immediately:

Drainage that looks like pus

Increased warmth around the treated area

Fever of 102 or greater

Marked swelling

Extreme itching

Patient signature: _____ Date: _____

Witness signature: _____