

Lotus Spa Eau Claire

Laser Hair Reduction Pre and Post Treatment Instructions

Prior to your treatment:

No direct sun exposure for 4 weeks to the area being treated. You must use sunscreen.

Do not use self-tanners for at least 1 week prior to treatment.

No waxing, tweezing, or depilatories for 4 weeks.

Shave the area 1-2 days before laser treatment.

If you are using a hydroquinone, do not use the day of treatment.

Post-Treatment Recommendations:

You may have some redness and swelling in the treated area that can last a few hours.

If you do have discomfort, cool compresses may be applied and Tylenol or Ibuprofen used as needed.

If you have itching or irritation, an oral antihistamine or a topical hydrocortisone cream may be used.

If you have what appears to be a blackhead under the skin, this may be a hair follicle that needs to be exfoliated. Soak the area in warm water and use a soft cloth to exfoliate. You may also use a glycolic or salicylic acid product.

New hair growth will occur in a few weeks. Do not wax, tweeze or use depilatories during laser treatments. You may shave once redness from treatment has subsided.

Please wear sunscreen with an SPF of 30 or higher at all times.

Treatment intervals are 4-6 weeks for facial hair and 6-10 weeks for the body.

If you have excessive swelling or blistering, contact the office immediately at 715-835-1100.