



LOTUS SPA EAU CLAIRE

4956 Bullis Farm Road
Eau Claire, WI 54701

Pre and Post Treatment Instructions

ClearSilk.

PATIENT POST-CARE INSTRUCTIONS

ClearSilk™ is a quick facial-like procedure that can be done any time of year with no downtime. It utilizes non-invasive, non-ablative laser technology delivering micro-pulses of laser energy to the skin to safely, discreetly and effectively treat:

- Diffuse redness
- Rosacea
- Fine lines
- Wrinkles
- Appearance of large pores
- Uneven skin texture

What to expect before treatment?

- Before the treatment, you will be asked to remove your make-up or moisturizer and, in some cases, you may be asked to shave the area to be treated. You will not need gel, anesthetic cream or ice prior to treatment.

What to expect during treatment?

- Patients often describe the treatment as relaxing and therapeutic. You will experience a gentle warming of your skin during the procedure as the laser handpiece is moved back and forth above your skin.
- Your clinician will monitor your skin temperature, but will also ask you for feedback on the temperature.

What to expect after treatment?

- Skin may appear red and swollen and have a mild sunburn sensation. This is a normal reaction. It can last from a few hours to days after treatment. Applying a cold compress or ice pack will help minimize swelling. This is typically only needed within the first 12 hours after the treatment.
- If desired, make-up may usually be applied immediately after the treatment.
- Subsequent treatments are based upon your clinician's recommendation and are typically 2-4 weeks apart.
- In the rare event of broken skin or blistering, contact the office immediately. Keep the affected area moist and avoid direct sunlight.
- Avoid strenuous exercise and sweating immediately after treatment.
- Sunscreen is a **MUST** and should be used daily beginning the day of treatment and used consistently. If in the middle of a series of treatments, sun exposure should be avoided and sunblock with a protection factor of 30+ should be used on a daily basis.

If you have excessive swelling or other concerns contact Lotus Spa Eau Claire at 715-835-1100.

Patient signature _____

Date _____

Witness signature _____

Date _____